



Spiritual Coaching Website Disclaimers

For Educational And Informational Purposes Only

The information contained on the UR Wellness Website and the resources available for download through the UR Wellness Website are for educational and informational purposes only.

Not Professional Advice

The information contained on the UR Wellness Website and the resources available for download through the UR Wellness Website is not intended as, and shall not be understood or construed as, professional advice. While the employees and/or owners of the Company are professionals and the information provided on the UR Wellness Website relates to issues within the Company's area of professionalism, the information contained on the UR Wellness Website is not a substitute for advice from a professional who is aware of the facts and circumstances of your individual situation.

We have done our best to ensure that the information provided on the UR Wellness Website and the resources available for download are accurate and provide valuable information. Regardless of anything to the contrary, nothing available on or through the UR Wellness Website should be understood as a recommendation that you should not consult with a professional to address your particular information. The Company expressly recommends that you seek advice from a professional.

Neither the Company nor any of its employees or owners shall be held liable or responsible for any errors or omissions on the UR Wellness Website or for any damage you may suffer as a result of failing to seek competent advice from a professional who is familiar with your situation.

No Professional-Client Relationship

Your use of the UR Wellness Website – including implementation of any suggestions set out in the UR Wellness Website and/or use of any resources available on the UR Wellness Website – does not create a professional-client relationship between you and the Company or any of its professionals.

The Company cannot accept you as a client unless and until we determine that there is a fit and until various requirements, such as fee arrangements, are resolved. Thus, you



Spiritual Coaching Website Disclaimers

recognize and agree that we have not created any professional-client relationship by the use of the UR Wellness Website.

User's Personal Responsibility

By using the UR Wellness Website, you accept personal responsibility for the results of your actions. You agree to take full responsibility for any harm or damage you suffer as a result of the use, or non-use, of the information available on UR Wellness Website or the resources available for download from UR Wellness Website. You agree to use judgment and conduct due diligence before taking any action or implementing any plan or policy suggested or recommended on the UR Wellness Website.

No Guarantees

You agree that the Company has not made any guarantees about the results of taking any action, whether recommended on the UR Wellness Website or not. The Company provides educational and informational resources that are intended to help users of the UR Wellness Website succeed in life and otherwise. You nevertheless recognize that your ultimate success or failure will be the result of your own efforts, your particular situation, and innumerable other circumstances beyond the control and/or knowledge of the Company.

You also recognize that prior results do not guarantee a similar outcome. Thus, the results obtained by others – whether clients or customers of the Company or otherwise – applying the principles set out in the UR Wellness Website are no guarantee that you or any other person or entity will be able to obtain similar results.

Errors And Omissions

This World Wide Web Site is a public resource of general information that is intended, but not promised or guaranteed, to be correct, complete, and up to date. We have taken reasonable steps to ensure that the information contained in the UR Wellness Website is accurate, but we cannot represent that the UR Wellness Website is free of errors. You accept that the information contained on the UR Wellness Website may be erroneous and agree to conduct due diligence to verify any information obtained from the UR Wellness Website and/or resources available on it prior to taking any action. You expressly agree not to rely upon any information contained in the UR Wellness Website.



Spiritual Coaching Website Disclaimers

Reviews

At various times, we may provide reviews of products, services, or other resources. This may include reviews of books, services, and/or software applications. Any such reviews will represent the good-faith opinions of the author of such review. The products and services reviewed may be provided to the Company for free or at a reduced price as an incentive to provide a review.

Regardless of any such discounts, we will provide honest reviews of these products and/or services. You recognize that you should conduct your own due diligence and should not rely solely upon any reviews provided on the UR Wellness Website.

We will disclose the existence of any discounts or incentives received in exchange for providing a review of a product. If you would like more information about any such discounts and incentives, send an email to cmessick@christymessick.com that includes the title of the reviewed product as the subject line. We will respond via email and disclose any incentives or discounts we received in association with any such review.

Affiliate Links

From time to time, the Company participates in affiliate marketing and may allow affiliate links to be included on some of our pages. This means that we may earn a commission if/when you click on or make purchases via affiliate links.

As a policy, the Company will only affiliate with products, services, coaches, consultants, and other experts that we believe will provide value to our customers and followers.

The Company will inform you when one of the links constitutes an affiliate link.

You recognize that it remains your personal responsibility is to investigate whether any affiliate offers are right for your business and will benefit you. You will not rely on any recommendation, reference, or information provided by the Company but will instead conduct your own investigation and will rely upon your investigation to decide whether to purchase the affiliate product or service.